



LAVENDER NORTHWEST

Autumn Quarter 2025 Newsletter

Lavender Northwest Invites You
To Enjoy Lavender All Year Round!



PC: RavenCroft

**It's time to prepare
your lavender for
a long winter rest.**

Prune off faded, old flower spikes and lightly prune foliage to shape your lavender plants near the first frost of the season. Take a look at the "Importance of Pruning" article on the LNW website: [Click LINK.](#)

Clear debris away from the trunks of your plants. In high-risk areas that receive cold weather, some lavender cultivars may need a protective cover to survive in the winter.

Remove old, overgrown or exhausted plants. Consider replacing them with winter hardy lavenders in early autumn. Before replacing old plants, amend the soil to improve drainage, but do not apply fertilizer that induces growth of new foliage.

LNW Member Sources for Northwest Grown Lavender Plants

To find LNW member farms that supply NW-grown lavender plants for autumn planting in your area.

[CLICK HERE](#)

PC: Barn Owl Nursery



PC: Mike Sullivan

SAVE THE DATES

Regional Autumn Quarter LNW Member Meetings

Western Oregon

Date: October 18

Location: RavenCroft
Mulino, OR.

Topic: Lavender Hydrosol

Organizers: Michael Lemmers,
Chris Mulder, Mary Bails

Register [HERE](#)

Western Washington

Date: October 18

Location: Mustard Seed Project
Lakebay, WA.

Topic: Lavender Business
Organization Options / Agritourism

Organizer: Donald Graham

Contact email:

donald@astridslavenderfarm.com

Central/Eastern Oregon

Date: October 18

Location: Mountain Lavender Farm, Bend, OR.

Topic: TBD

Organizer: Heidi Scott

Contact email: mountainlavenderfarm@gmail.com

Eastern Washington

Date: Oct 18, 10 am - 3 pm

Location: 13005 S. Valley Chapel Rd, Valleyford, WA.

Topics: Lavender Hydrosol and Marketing

Organizers: Nicole Mohr, Debbie McQuilkin

Contact email: nicki7541@outlook.com

Experiencing the Lavender Essential Oil Showcase 2025

Lavender Northwest provided a manned demonstration table at the 2025 Willamette Valley Lavender Festival in Newberg, OR. on July 12th and 13th. Oil samples of the top-performers in our 2025 Essential Oil Showcase were offered to the public for their appreciation and education.

We enjoyed the chance to talk all-things-lavender with friendly visitors to the festival. The looks on their faces were amusing and satisfying as they came to realize that the various lavender and lavandin cultivars produced distinctly different essential oils and fragrance. We envision an opportunity to expand LNW's educational offerings at the festival in the upcoming years. Meanwhile, we extend our thanks to all the growers and distillers who submitted samples for assessment. We invite you to review the results of the Showcase on the LNW website.



PC: 3 Strands Farm

Click [HERE](#) for results of the 2025 Essential Oil Showcase.

FEATURED LAVENDERS

Chris Mulder,
[Barn Owl Nursery](#)

Consider planting these unique lavenders for their beauty and multiple uses. Both of these cultivars are hardy in USDA Zones 5 to 8.

Their compact growth habits and stunningly beautiful flowers, make wonderful additions to any sunny, dry location, whether planted individually for contrast, or as a low garden border or hedge.

The fresh and dried flowers make lovely bouquets and arrangements. The dried buds add color and a sweet aroma to crafts, foods, and beverages.

These lavender cultivars can be used in many craft and culinary applications, and their flowers can be distilled for sweet



PC: Dowderry Nursery

essential oils.

Lavandula angustifolia
'Melissa Lilac'
(Upper Image)

Flower Color: powder purple
Stem Length: 10 - 12"
Plant Height: 18 - 28"
Plant Spread: 36"
Click [HERE](#) to read more.

Lavandula angustifolia
'Violet Intrigue'
(Lower Image)

Flower Color: dark vibrant, violet-purple
Stem Length: 10 - 12"
Plant Height: 18 - 20"
Plant Spread: 30"
Click [HERE](#) to read more.



PC: RavenCroit

CULTIVATION TIPS

"Is autumn a good time to plant lavender in the Pacific Northwest?"



For the dedicated and the dabbling horticulturists in the Pacific Northwest (Oregon, Washington, Idaho, and western Montana), autumn presents a convenient window of opportunity for establishing resilient lavender plants. While spring planting is common, taking advantage of the cooler temperatures and increased moisture of fall can lead to stronger root systems and earlier establishment, provided a few key conditions are met. We'll explore the nuances of autumn planting

for *Lavandula angustifolia* (English lavender) and *Lavandula x intermedia* (lavandin) in our region, with mention of a few other species.

PC: Barn Owl Nursery

Click [HERE](#) to read more.

MEET THE FARMER

Donald & Astrid Graham
Derek & Marta Costa
Astrid's Lavender Farm
Gig Harbor, Washington

We are happy to introduce Derek E. Costa, MD, Marta E. Costa, DDS, Donald Graham and Astrid Graham who are the owners of **Astrid's Lavender Farm, LLC**, founded in August

2022.

PC : D & A Graham

Here's how Don tells it:
"One day, my wife Astrid and I, with our friends Derek and Marta Costa, decided to visit the Sequim Lavender Festival. Just for fun and curiosity, the four of us visited several different lavender farms, and while trying to find starter plants for specific varieties, we ended up at Victor's Lavender Farm. It just



happened, in a small tent at the back of his farm, Victor conducted a short presentation about growing lavender. At the end of the talk, he invited questions. Astrid raised her hand and asked, "How much land do you need to start a lavender farm?" He inquired, "How much do you have?" and she replied, "10 acres." He said, "That is plenty, but it depends on the nature of your soil." Victor was gracious enough to accept our offer to engage him for a half-day, on-site consultation about our property. And off we went, obtaining soil samples for testing, with one thing leading to another. We created a four member LLC and named the farm after Astrid, since she started everything off with her question.

Click [HERE](#) to read more.



During the holiday shopping season, please consider NW-grown lavender gifts.

Your support of Pacific Northwest lavender businesses is greatly appreciated.

Here are some ways to find unique lavender treasures:

PC: Lake Holm Lavender

Check LNW's Online **Event Calendar** where you may find postings for post-season Farmers Market booths and special Seasonal Events at individual farms or stores in your area.

Click [HERE](#) for the EVENT CALENDAR.

Many lavender farms sell their lavender products from their websites and offer **online sales** throughout the year.

Click [HERE](#) for ONLINE STORE access.

Search for **specific kinds of lavender products** made by LNW members with NW-grown lavender.

Click [HERE](#) for listings of our product makers & their offerings.



GET BAKING WITH LAVENDER!

Putting summer's bounty to work in the autumn is a natural part of the rhythm of home living, and it's hard to beat the house-warming scent of an **apple pie** bubbling away in the oven. Perhaps not something that comes readily to mind as a target for enhancement with lavender, apple pie indeed offers a good opportunity to do precisely that. The classic scents of cinnamon and nutmeg not only warm the fragrance of baked apples, but just happen to be complementary to lavender. As always, a gentle hand is needed to avoid overdoing the lavender flavor. Subtlety is preferred, manifesting as a warm hint of lavender lingering at the back of the mouth after swallowing the first couple of tasty bites. Good quality ingredients make flavoring efforts more reliable, so we invite you to seek guidance and supplies from some of our culinary lavender specialists ([click LINK](#) to search for local specialists).

PC: RavenCroit

Read the apple pie recipe [HERE](#).

LAVENDER GRAPE JAM

Delicious treat!

Lavender's subtle floral notes pair beautifully with the rich sweetness of grape jam, creating a flavor that's both comforting and unexpected. This is a quick jam (not canned), so enjoy it fresh. Spread it on warm toast or swirl it into yogurt for a simple, elevated treat. Delicious on scones, or as a condiment for a charcuterie board.

PC: Methow Valley Lavender

Click [HERE](#) for recipe.



DRIED LAVENDER CREATIONS

For Home Decor & Gifts



Dried lavender bundles & buds can be incorporated into seasonal home decor for your home or office.

They also make fragrant and stunning lavender gifts to be enjoyed throughout the year.

We collected images of some of the craft items made by LNW members using NW-grown lavender from their farms. Our members offer a wide range of lavender products, including dried lavender wreaths, swags, wands, bouquets, arrangements and other products that are hand-made after

lavender season each year.

PC: Little Lavender Farm

Click [HERE](#) to see more.

IN THE NEWS

For Lavender Growers and Enthusiasts Rules and Regulations for Farm Sales

Link for [Oregon Farm Sales](#)
LNW members in Oregon will need to continue to work with their counties and local jurisdictions for their farms.

Link for [Washington Farm Sales](#)

Link for [Idaho Farm Sales](#)
LNW members in Idaho should consult with the Department of Agriculture.

Link for [Montana Farm Sales](#)

Links submitted by Michelle Lowe,
[Lowe's Lavender Farm](#) - Canby, OR.



Oregon State University (OSU) Extension Land Steward Program Presents Autumn Classes

Oregon State University offers a variety of affordable, educational online and in person classes throughout the year.

This season, check out some of these events.

Sept. 18 - Soil Testing Workshop - \$5
Sept. 25 - Heirloom Apples:
From Trees to Cider - \$15

The United States Lavender
Growers Association
is offering a
USLGA Front Porch Event
Free to members
Non-members - \$40

"Lab Testing Lavender"
Presented by
Adam Christiansen, CEO of Essential
Validation Services

Thursday, September 11, 2025
5:00 PM Pacific Time
8:00 PM Eastern Time

To register to attend this one-hour Zoom event go to the USLGA website uslavender.org

Curious about GC-MS testing? This special USLGA Front Porch Event is a great opportunity to learn more about the "why" and "what" behind lab testing lavender essential oil.

Nov. 15 - Plant Propagation: Hardwood and Softwood Stem Cuttings - Free

Nov. 6 & Dec. 4 (2 part series) - Ties to the Land: Succession Planning for Rural Landowners - \$20/family

For more information and to register: oregonstate.edu/program/all/land-steward/events

Find Lavender Northwest Members, Events, and Products

There are several places on the [Lavender Northwest website](#) where you will find information about our members' lavender farms, businesses, and services in Oregon, Washington, Idaho, and Montana.

When you go to the Lavender Northwest website, you will discover many of the outstanding lavender resources that our Northwest regional members have to offer.

You can start your search by clicking [Access Lavender](#) and then going to:

[Find a Member](#) - see LNW Professional [Members' Profiles](#)

[Lavender Happenings](#) - see the [Events](#) our members attend or offer on their farms

[Lavender Marketplace](#) - see [Members' Products and Services](#) that they offer.

You will find LNW members' websites and their online stores, the farms and stores that are open to the public, farms that offer u-pick lavender, lavender plants, essential oils, and many more NW Lavender, culinary and fragrant lavender products. Some of our members are wholesale providers, culinary specialists, and product creators.

BECOME A MEMBER

Have you thought about being a member of Lavender Northwest?

[Join Us](#)

Visit our website for more information: lavender-nw.org

STAY CONNECTED!

Follow us on [Facebook](#) and [Instagram](#)

Do you have a recipe or photo you'd like to share? Please send them our way.

We'd love to include them in the Quarterly LNW newsletters.

Contact: info@lavender-nw.org

And finally, dear readers...

*"Gardens and flowers have a way of bringing people together,
drawing them from their homes."*

~ Clare Ansberry

Lavender represents tranquility, healing, and calm in the language of flowers.



Lavender Northwest

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